

# RI Self-Sufficiency Matrix - Version 1.1

Participant Name: \_\_\_\_\_

Program/Shelter: \_\_\_\_\_

Date \_\_\_\_\_ Initial \_\_\_\_\_ Interim \_\_\_\_\_ Exit \_\_\_\_\_

Staff: \_\_\_\_\_

|                        | 1  | 2   | 3  | 4  | 5  |     |
|------------------------|--|---|--|--|--|-----|
| <b>HOUSING</b>         | Homeless and living in a place not meant for human habitation (Street, car, park, camping, etc).   | Experiencing a housing crisis, living in an Emergency Shelter, Motel/Hotel, doubled-up, couch surfing, imminently facing eviction, or in otherwise substandard housing where resident must leave in 14 days (lead, domestic violence, etc).                     | Living in a temporary destination, which may include transitional housing, staying with family/friends (not-doubled up), or some other housing type which is not permanently available for whatever reason (affordability, etc).   | Household is living in permanent housing that is safe, adequate, and subsidized.   | Household is living in permanent housing that is safe, adequate, and affordable without assistance. Housing is NOT subsidized.   |     |
| <b>EMPLOYMENT</b>      | No job & no prospects of employment. Employment challenges may include: criminal record, literacy, lack of GED/skills/training, etc.   | No job because of limited position availability, but is "job-ready." Has adequate literacy/skills/education/etc. to obtain employment when available.   | Temporary, Part-time, and/or seasonal employment with inadequate pay/hours, few or no benefits, etc.   | Employed full time; inadequate pay; few or no benefits.  | Employed full time; with adequate pay and benefits.  |     |
| <b>INCOME</b>          | No income.   | Cannot meet basic needs (Even with help of subsidy like: RI Works, GPA, food stamps, etc, if applicable).   | Can meet basic needs (with help of subsidy like: RI Works, GPA, food stamps, etc).   | Can meet basic needs and manage debt without assistance.   | Income is sufficient, well managed; has discretionary income and savings/emergency fund.   |     |
| <b>PHYSICAL HEALTH</b> | Client has severe and persistent health problems that are not being addressed.   | Client has reoccurring health problems that are inconsistently addressed.   | Client is currently receiving sufficient treatment for severe health problems.   | Client is currently receiving sufficient treatment for less severe health problems (not chronic and/or life threatening).  | Client has no current health problems and/or client is thriving with all health problems in treatment/remission.   |     |
| <b>LIFE SKILLS</b>     | Client has poor skills to conduct the activities of daily living (including cooking/shopping, interacting with others, planning, budgeting, etc) and does NOT have any assistance to help with these activities (due to client resistance/choice). | Client has poor skills to conduct the activities of daily living (including cooking/shopping, interacting with others, planning, budgeting, etc) and inconsistently accesses services and/or support programs (case management, training, support groups, etc). | Client has poor skills to conduct the activities of daily living (including cooking/shopping, interacting with others, planning, budgeting, etc), but is consistently engaged in services and/or support programs (case management, training, support groups, etc) to better his/her skills and increase self-sufficiency. | Client has good life skills and can conduct activities of daily living ONLY with ongoing assistance (case management, training, support groups, other types of help, etc). | Client can perform/provide all basic needs independently, can communicate and manage relationships with others effectively, and is able to budget and plan for the future. |     |
| <b>MENTAL HEALTH</b>   | Experiencing severe difficulty in day to day life due to psychological problems. May have violent tendencies.  | Persistent problems with functioning due to mental health symptoms.   | Only moderate difficulty in functioning due to mental health problems.   | Only slight impairment in functioning due to mental health problems.   | Good or superior functioning in wide range of activities. No more than everyday problems or concerns.  | N/A |
| <b>SUBSTANCE ABUSE</b> | Client has severe substance abuse/dependence issues, which results in the inability and/or avoidance of essential daily life activities, so much so that persistent care may be required (hospital, institution, etc).                             | Client is dependent on use of drugs/alcohol, but is not so severe as to require institutional living, however abuse/withdrawal does cause client to avoid or neglect essential life activities.   | Client has abused drugs/alcohol within 6 months, with instances relating to recurrent social, occupational, emotional or physical problems.  | Client has abused drugs/alcohol within 6 months, but instances do not seem to relate to recurrent social, occupational, emotional or physical problems.                    | Client has abused alcohol/drugs previously, but has had no abuse of drugs/alcohol in last 6 months   | N/A |