



Committed to a healthier, cleaner America...through cycling.

Contact Richard Durishin at 401.521.0015 or rdurishin@usopencycling.org to schedule programs.

The U.S. Open Cycling Foundation is a 501(c)3 organization whose mission is to reduce obesity and improve the general health of society and the environment by empowering people to integrate cycling into their daily activities.

U.S. Open Cycling Foundation works by:

- Teaching Cycle-for-Health and Share-the-Road courses in schools, colleges and places of work
- Engaging cyclists of all levels in multiple fun rides throughout the State
- Supporting cyclists at our big red kiosks on Rhode Island's bike paths
- Inspiring cyclists with the U.S. Open of Cycling road race for top US and international men's and women's pro teams and developmental squads

- Since 2008, the organization has taught safe cycling and provided individualized helmet fitting to over 6,000 Rhode Island youth through in-school programs and special events from Woonsocket to Newport. It has built a partnership with the Rhode Island Department of Health who provide helmets to fit to kids in less fortunate communities. The organization's work has been honored by awards and grants from the national organizations, Bikes Belong and The League of American Bicyclists.
- From April through June U.S. Open Cycle will provide Cycle-for-Health programs in Rhode Island Elementary Schools. Cycle-for-Health is 40 minutes of fun and information about safely riding your bike, fuelling yourself optimally and improving the environment. It gets kids on the road to an active, healthy summer and encourages them to involve their families.
- Cycle-for-Health is geared towards second through eighth graders and is delivered by Foundation Executive Director, Richard Durishin or the Director of Education, Vance Edwards-Orr a League of American Bicyclists Master Instructor. Both come to your school accompanied by a volunteer who will help fit helmets to each child during the sessions (teaching staff involvement is also always popular). Materials distributed include maps to the state's bike paths with access point/parking information, pre-ride checklist, carbon emission countdown calculator sheet and daily body fuel chart. Programs scheduled early will maximize family opportunities to join a spring weekend fun ride in their area of the State. U.S. Open Cycle also offers a Share-the-Road course for 14-17 year olds.